### FREE TIME ACTIVITIES/PERSONALITY TYPES

## OUTDOOR ACTIVITIES & SPORTS (ACTIVE TYPE, A SPORTY TYPE)

- playing team games: football, volleyball, baseball, street ball, beach ball, tennis, cricket
- horse riding
- cycling
- rock climbing and hiking
- extreme sports: bungee jumping, skateboarding, white-water rafting, scuba diving, surfing, base jumping, kite boarding, hang-gliding, parachuting etc.
- sailing
- working out in a gym

## STAYING AT HOME (HOME LOVER)

- cooking
- redecorating (do it yourself = DIY)
- gardening
- repairing car and equipment
- knitting
- eating
- doing housework (washing, ironing etc.)
- feeding pets
- furniture making (carpentry)
- storing food for winter
- baking
- breeding domestic animals (cows, pigs)

## GOING OUT AND AWAY (OUTDOOR TYPE)

- walking (in a park, a forest etc.)
- swimming in rivers, lakes
- working on the field
- playing in a sandpit, playground
- making sand castles on the beach
- sunbathing
- bird watching
- fly fishing
- collecting fruit and mushrooms (in a forest)
- going to parks
- walking the dog out
- going to the seaside/ mountains/ lake/ countryside for the weekend

## A PARTY ANIMAL

- going to barbeques, parties, garden parties
- organizing parties
- clubbing
- having picnics

- going on trips
- going to pubs
- taking part in sports events (going to football matches etc.)
- going dancing (disco)
- going camping for the weekend

# CULTURAL EVENTS (CULTURE VULTURE, A FASHION VICTIM)

- going to the cinema, theatre, opera, concert halls, philharmonic halls
- going to exhibition halls, museums, galleries
- taking part in festivals
- taking part in meetings with important people, lectures of professors
- following fashion shows, premieres
- attending public holidays, press conferences, political debates
- taking part in comic shows
- participating in education/ culture fairs/ cultural presentations
- attending theatre/ music workshops/ choir rehearsals

## INDOOR TYPE (PASSIVE ACTIVITIES)

- yoga
- gymnastics
- internet chatting
- playing computers games
- reading books and newspapers
- listening to music
- playing board games (chess)
- collecting stamps, postcards, coins etc.
- writing poetry
- painting pictures
- making sculptures
- cooking
- sewing
- embroidering
- playing cards
- lazing around
- playing musical instruments
- making models
- setting puzzles
- origami making

### WORKAHOLIC

- working

### **COUCH POTATO**

- watching TV/ watching video films
- eating