## Moods

	Moods		9	OK, OK, don't bite my head off`!	irritable
			16	I heard a cuckoo. Did you hear it?	alert
JAN			25	The sun's coming out.	cheerful
1	Another year gone, never to return.	melancholic			
7	I suppose none of us is getting any younger.	pensive	MAY		
10	To think nearly half the world is white with snow today.	thoughtful	1	I think it's going to <b>clear up.</b>	optimistic
16	The <b>snow</b> never seems as white as it used to be.	nostalgic	6	I've booked the holiday, so you can't say no.	positive
23	Oh, for a spring!	full of longing	11	Just six more weeks and we'll be there.	excited
31	Love Story on TV again tonight – super!	sentimental	18	How about a ten-mile walk tomorrow?	active
			22	Oh, I loved it! Adored it! Fantastic!	enthusiastic
FEB			26	You mean I've really won the Best Ofjce Boy title'?	thrilled
3	Another grey, cloudy day.	bored			
7	Yet another day of <b>drizzle</b> and <b>fog.</b>	miserable	JUN		
12	Heavy storms and a few sunny periods	moody	5	UK Best Office Boy Competition? No problem!	confident
13	Everyone got a rise in salary except me!	resentful	13	Not a <b>breath of wind</b>	calm
21	Why, oh why can't I seem to do things right?	frustrated	16	A cool breeze, a cloudless sky.	refreshed
27	Another series of repeats on telly - oh no!	fed up	19	I could lie here forever.	relaxed
			24	It.'s too hot to move.	Idle/lazy
MAR			26	Oh yes, this is the life!	content
4	Showers and rainbows.	confused			
9	Umbrella or parasol?	uncertain			
14	Who am I? What am I?	introspective	JUL		
17	Can I? Could I? Dare I?	unsure of oneself	1	She smiled at me! She actually smiled at me!	exhilarated
24	Oh, sit still. will you!	restless	4	She said she'd come to dinner!	elated
30	I think the rain's going to ease off.	hopeful	7	Now I know how the winner must have felt.	triumphant
			10	Jumping for joy!	on top of the world
APR			18	Pinch me to let me know I'm not dreaming.	up in the clouds
2	Sleet and biting winds.	edgy	28	Paradise must be like this.	ecstatic
5	Frosty mornings and icy roads.	touchy			
8	You won't have any fingernails left.	nervous			

AUG			NOW				
2	I know I don't know you, but you can still marry me!	wild/rash	1	Redundant. maybe? And thrown cut of my flat? All alone.	insecure		
6	It's so close and heavy today, no air at all.	weary	2	To he or not to be?	suicidal		
9	Sticky, thundery heat.	drained	8	Nextdoor's music is really getting on my nerves!	easily annoyed		
14	No energy, no emotion.	exhausted	15	It's <b>brightening up</b> . I don't. believe it.	astonished /		
19	She's gone. I've got nothing left.	empty			amazed		
24	And it was going to be so good!	disappointed	24	It can't he true. I don't know what to say!	overwhelmed		
			31	Come on let's fly to Paris for breakfast.	light-headed		
SEP							
1	And she was so, so nice.	heart-broken	DEC				
4	That's the last holiday romance I'll ever have!	disillusioned	6	Fancy dress parties and drinks round at cur place.	sociable		
11	The days are closing in.	gloomy	9	Snowball lights.	playful		
18	It's going to be a long hand winter	depressed	12	I must. be the happiest man alive.	over the moon		
24	Why bother? Why care?	disheartened	18	Skating on frozen puddles and falling over laughing.	frivolous		
29	I just don't understand.	bewildered	24	24 Champagne bubbles and laughter.	merry		
	•		31	I haven't done so badly this year alter all!	self-satisfied		
OCT							
2	An overcast sky.	dejected					
6	Why did you have to mention her name?	easily upset		You will notice that amongst the clues above you have the most common expressions relating to the weather — an important topic in England!			
12	The rain's set in for the day.	distressed					
17	Why are there no new people to meet?	lonely	You				
24	I don't want any new faces round here, thank you!	hostile					
30	Hailstorms and icy winds.	bitter					

<sup>\*</sup>Adapted from Guy Wellman: *The Heinemann English Wordbuilder*: Heinemann ELT. First published 1989.